

How to Register

Registration

All "Walk to Remember" participants must read, complete, and sign the registration form. A parent and/or guardian must sign the registration form on behalf of walkers under the age of 18 years.

Before You Walk

Bereaved Families of Ontario asks that walkers obtain pledges from sponsors of their choosing (ie: family, friends, teachers, neighbors, co-workers, companies etc)

Collect each pledge at the time that you recruit the sponsor. Cheques should be made payable to: Bereaved Families of Ontario – Southwest Region.

Be sure to tell your sponsors that an official tax receipt will be issued for pledges of \$10.00 or more. Please **print** clearly on the pledge sheet.

OR ... You can register and have your sponsors make ONLINE pledges at Canada Helps:

<https://www.canadahelps.org/en/charities/bereaved-families-of-ontario-southwest-region/p2p2020Walk-to-Remember/>

At the Walk to Remember

On March 29th, 2020, bring your tallied pledge sheet and **ALL** monies pledged by your sponsors to Westmount Shopping Centre for registration from 9:30am – 9:50am with plans for a 10:00 a.m. start.

All monies pledged must be turned in at that time; it is up to you to collect from sponsors who have not yet paid or confirm their online participation.

Entrance

The welcome and registration desks will be located indoors on the main floor of Westmount Shopping Centre. Parking underground and using the first elevators will be the most convenient method to enter.

Participant's Name: _____

Address: _____

City & Postal Code: _____

Phone #: _____

Release, Waiver & Indemnity

In consideration of the acceptance of my application or the application of my child or ward, I for myself, my heirs, my child or ward, executors, administrators, successors and assigns hereby release, waive and forever discharge Westmount Shopping Centre, 785 Wonderland Road Inc., McCOR Management (East) Inc., CCI Corpin Capital Inc, The City of London, Bereaved Families of Ontario – Southwest Region Inc., and all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, elected and appointed officials, successors and assigns of and from all claims, demands, costs, expenses, actions and causes of action whether in law or equity, in respect to death, injury, loss or damage to my person or property however caused arising or to arise by reason of my participation in the said event, whether as a spectator, participant or otherwise, whether prior to, during, or subsequent to the event and notwithstanding that same may have been contributed to or occasioned by the negligence of any of the aforesaid. I further hereby undertake to hold and save harmless and agree to indemnify all of the aforesaid from and against any and all liability by any or all of them arising as a result of, or in any way connected with participation in the said event. By submitting this entry, I acknowledge having read, understood and agreed to the above waiver, release and Indemnity. I warrant that I am physically fit to participate in this event.

Date: _____

Print Name: _____

Signature: _____

Charitable Number 13407 0416 RR0001

A Walk to Remember

What is the "Walk to Remember"?

The Walk to Remember is a Bereaved Families of Ontario province wide fundraising event sponsored by businesses in our community. Last year over 100 walkers took up the challenge and walked in memory of a loved one.

The London event will be held Sunday morning March 29th in Westmount Shopping Centre. All walkers register with their pledge sheets and may sign the "Wall of Memories" board, adding a poem, photograph or other written message or memento, in their loved one's memory.

The group gathers for a stretch and warm up exercise and then proceeds to walk a route through the hallways of Westmount (based on your pace it may be two, three or several laps).

All registered walkers with pledges will receive an event T-Shirt and bag.

The Walk will end with refreshments, prize awards, a silent auction table and random draws for all participants.

Invite your family and friends to join you and start lining up those pledges!

WESTMOUNT SHOPPING CENTRE



Prizes

Exciting grand prizes will be awarded to those raising the most money. Some of these prizes include, a Treasure Chest, a Serenity Garden, Dinners, Entertainment and much, much more !

BEREAVED FAMILIES OF ONTARIO SOUTHWEST REGION



23rd Annual Walk to Remember

SUNDAY
MARCH 29TH, 2020

Registration 9:30 a.m.
Walk 10:00 a.m. – 11:30 a.m.

"A FUND RAISING MALL WALK"
in
WESTMOUNT SHOPPING CENTRE



Pledges raised will
support the work of
Bereaved Families of Ontario
Southwest Region

For more information call 519-686-1573

THE BEREAVED HELPING THE BEREAVED LEARN TO LIVE WITH GRIEF. WHEN A LOVED ONE DIES, WE CAN HELP THE HEALING BEGIN.

PLEDGE FORM

PLEASE PAY PARTICIPANT IN ADVANCE

Please make your cheques payable to Bereaved Families of Ontario – Southwest Region

I dedicate my walk in memory of: _____

Thank you for your generosity !!

Bereaved Families of Ontario – Southwest Region is a non profit organization which provides support services to hundreds of families throughout Southwestern Ontario who have experienced the death of a loved one. Bereaved individuals and families are offered support and guidance by trained volunteers who have experienced similar losses.

The membership continues to grow and is presently over 900 families. The costs associated with servicing such a large organization – resource material, training, library, public awareness, telephone and postage – are enormous. The goal of the “Walk to Remember” is to raise funds to offset these operating expenses and provide an opportunity for families to gather together to remember our loved ones who have died.



For More Information:

Additional registration and pledge forms, organization brochures and bereaved support information are all available by contacting us at the numbers below:

**Bereaved Families of Ontario
Southwest Region
571 Wharncliffe Road S. Suite 4
LONDON, ON N6J 2N6
www: bflondon.ca
Email: bflondon@rogers.com
519-686-1573**



Sponsor Name	Address	City / Province	Postal Code	Phone #	\$ Amount
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Walker Name	Address	City / Province	Postal Code	Phone #	Total \$\$

Please print clearly and don't forget the postal code! Thank you