



Bereaved Families of Ontario Southwest Region

COPING WITH MISCARRIAGE- A DAY OF SHARING, SUPPORT AND INFORMATION

On Saturday, June 24th, from 10 a.m. to 1 p.m., women and their partners are invited to gather at the offices of Bereaved Families of Ontario, to share their experiences of pregnancy loss and the challenges of coping with miscarriage. Participants will learn much about perinatal loss and its impact on couples as they continue to hope for healthy pregnancies.

Miscarriages, while remarkably common, are rarely talked about, leaving women feeling isolated, alone and often misunderstood. This workshop will provide opportunities to share experiences, seek reassurance and validation as well as meet others who are facing the same disappointments and concerns.

Facilitated by Cathy Howe, Executive Director, BFO and Janice Gorodzinsky MSW RSW, a clinical social worker whose counselling practice focuses on perinatal loss and parental bereavement, this workshop is sponsored by Bereaved Families of Ontario, Southwest Region, and is at no cost to those attending.

Pre-registration is recommended. Light refreshments provided.

Please contact Cathy Howe for more information at 519-686-1573 or at bflondon@rogers.com